



# Senior Mental Health Leads Training Programme

## **Our Senior Mental Health Leads training programme will support you to develop a mental health strategy based around a whole school approach.**

Leading mental health in a school is not something that can be carried out in isolation, you will need to draw on other members of the school community to make promoting positive mental health part of the embedded culture in your setting.

## **Collaborate with senior leaders from other schools**

This new leadership programme in Scotland will support you to develop a whole school approach to wellbeing and mental health.

The programme will support you to identify your school's needs and priorities and build strategic approaches to address these. You will develop your own leadership within the frame of positive mental health, and collaborate with senior leaders from other schools.

The programme incorporates two bespoke consultations with qualified clinicians, where you can bring up to 5 members of your school staff team to work together on your strategy.

Our qualified clinicians will assist you in uncovering your mental health priorities, and creating an ethos to support mental wellbeing in your school and your community.



**"The course has been so valuable to us as a school and to me as the headteacher. It has once again put a spotlight on what we already do to support mental health and wellbeing at our school but also what we can improve. The group on the course have formed very strong and positive relationships which have arisen from a common bond: a drive to improve outcomes for all of our children."**

Participant on Place2Be's previous School Leader programme

# Course contents

## What will we cover?

As well as learning how to engage with the whole school community to promote positive mental health, you will cover:

- leadership and management;
- enabling student voice
- developing and supporting staff;
- identifying need and monitoring impact;
- working with parents and carers;
- targeted support and referral;
- an ethos and environment that promotes respect and values diversity.



### Activity



#### Online modules

Facilitated on Hive, our online learning environment



#### Group sessions

Live interactive group sessions facilitated by up to 2 trainers



#### Consultations

Individual and bespoke to your school



#### Reflective sessions

Optional small group reflective sessions



**Total contact time spent across 12 weeks**

### Time (across 12 weeks)

10 hours

10 hours

2 hours

2 hours

23-25 hours

## Course details

### Length

12 weeks

### Price

£880

**To register your interest, email:**

[liam.furby@place2be.org.uk](mailto:liam.furby@place2be.org.uk)

**To book your place, visit:**

<https://bit.ly/3t65ldj>



## Get in touch

If you are interested in finding out more about Place2Be, or to arrange an informal conversation, please get in touch:

**[liam.furby@place2be.org.uk](mailto:liam.furby@place2be.org.uk)**  
**[place2be.org.uk/scotland](https://place2be.org.uk/scotland)**

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