



Introduction to Child Counselling Skills (Level 2 Award)

9:30 – 4:30pm, 175 St John St, London, EC1V 4LW

Saturday 1 March 2025– Saturday 10 May 2025

| Session | Date | Session Title |
|---------|----------|--|
| 1 | 01.03.25 | Helping Relationships: What is counselling |
| 2 | 08.03.25 | Understanding Emotion in Ourselves and Others |
| 3 | 15.03.25 | Play and Creativity: Verbal and non-verbal communication |
| 4 | 22.03.25 | Skills Practice and Tutorials |
| 5 | 29.03.25 | Intersectional Identities |
| 6 | 05.04.25 | Children and Young People's Mental Health: Risk and protective factors |
| 7 | 26.04.25 | Change and Endings |
| 8 | 10.05.25 | Final Tutorials |